



Working with Women Victims of War

The use of expressive and action methods in working with trauma and crisis intervention using an Integrative therapeutic approach

Saturday July 3rd and Sunday July 4th 2010

At the Oxford Therapeutic Community Building, Manzil Way, Oxford

Course fee £160 (includes tea coffee and lunches on both days)

Numerous studies have shown that women in the Balkan region (Serbia, Croatia, Bosnia and Herzegovina, Montenegro, Kosovo etc) were among the most vulnerable population at the last decade of the 20th century. Their exposure to war and migration, constant struggle with poverty and loss was frequently followed by the experience of domestic violence.

While working with traumatized women for more than a decade in the Balkans, the use of various action methods and expressive therapies has shown to be very successful and effective. During recent years we have created a unique, integrative approach and a system of work with severe trauma.

This training workshop will focus on the integration of methods that were applied in our therapy work, and were shown to be highly successful. It will combine theoretical presentation and practical experience of the method.

The workshop will focus on:

- Introduction to the use of various expressive and action methods in therapy with the traumatized client(s).
- Expressive techniques in group work and group dynamics
- Learning practical techniques that can be implemented into one's practice.
- Getting familiar with : theoretical background, case studies
- Using the action method of storytelling in trauma and crisis work
- Understand the principles and techniques of emotional release and expression
- Utilizing a range of appropriate expressive techniques in order to use it with different clients
- Exploring trans-generational patterns using creative action methods
- Adjusting role-play for a stronger sense of self accomplishment
- Enabling safe processes for traumatized clients
- Building resilience towards future threats
- Developing trust and encouraging interest in self- discovery.

The two day workshop will combine theoretical presentation and discussion, group work and experiential exploration.

Workshop leaders

Lidija Vasiljevic, BA psychologist, MA Gender and Politics. Works and lives in Belgrade. Psychodrama therapist and candidate for BPA psychodrama trainer and holder of European Certificate of Psychotherapy. Has over 10 years experience with groups and individuals using psychodrama and other action methods. Runs training psychodrama groups, therapy group with victims of sexual abuse and sex trafficking. Uses a gender inclusive approach in her work. Focus of interests: work with trauma, marginalized groups, prevention and raising social awareness. One of the founders and therapists in Regional Association of Integrative Psychotherapy and Psychodrama Application (RAIP is OSPIP partner).

Jana Damjanov, BA psychologist, MA Clinical Psychology. Works and lives in Novi Sad. She is a psychodrama therapist, combining psychodrama with art therapy and playback theatre. Co - founder of Centre for Psychodrama – Telos and Regional Association of Integrative Psychotherapy and Psychodrama Application (RAIP is OSPIP partner). Working in individual and group setting using integrative approach with focus on psychodrama. Focus of interests: health psychology, psychooncology, marginalized groups, application of action methods in different settings.

This workshop is expected to be very popular so early application is advised. Applications to OSPIP, 8 Rahere Road, Oxford, OX4 3QG or via our website www.ospip.co.uk