

Psychodrama

Introductory Course

January 19th to March 23rd 2009

At the Oxfordshire Complex Needs Service,
Oxford Therapeutic Community Building,
Manzil Way, Oxford.

10 Monday evenings
6.15 pm to 9.15 pm

This course provides an introduction to psychodrama that can be applied in a variety of settings. It embodies action methods, which can be used to enhance the effectiveness of educational and training skills workshops and it also carries significant therapeutic benefits in its own right.

It will not provide a full training in psychodrama psychotherapy but the hours can count towards the diploma that is also run by Oxford Psychodrama Group.

The course is open to anyone who is interested who works in mental health, education, the criminal justice system, or management. The course combines some introduction to the theory and practice of psychodrama and its application to a range of settings.

Format of the Course

The course will run over a series of 10 weekly evening meetings. Each week will be split into two parts, a seminar and an experiential group. The timing of each part may vary, depending on the theme for that week. There will be a ¼ hour break between the two parts. The course is accredited by the British Psychodrama Association.

For further information contact Peter on **07798 725545** e-mail peter@psychodrama.freeserve.co.uk

Course Programme

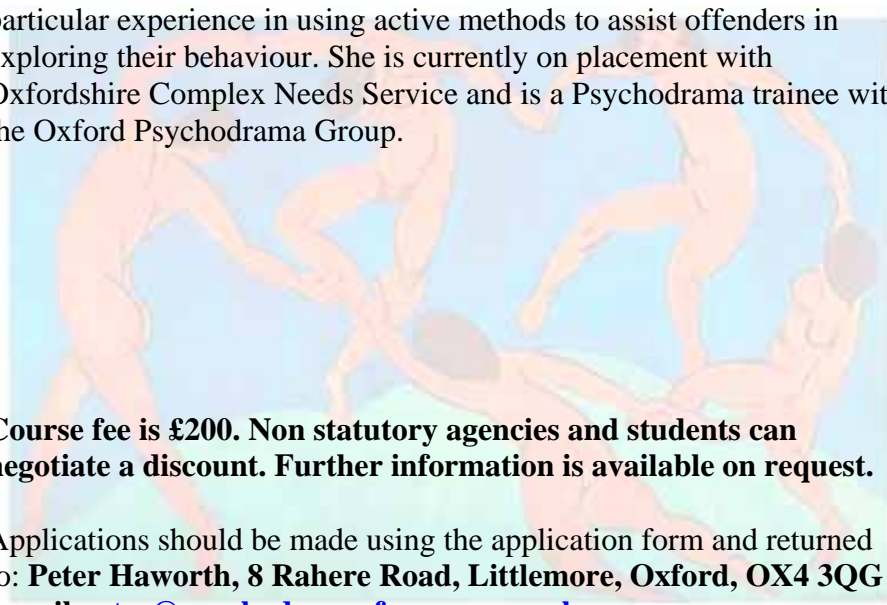
Psychodrama: what is it and where did it come from?

2. The main techniques of Psychodrama: the double, mirror and role –reversal
3. Classical Psychodrama
4. Sociometry: the study of human interaction.
5. Sociodrama
6. Child and human development theory.
7. Psychodrama and its relationship to other therapeutic modalities
8. The wider application of Psychodrama.
9. The use of psychodrama in individual therapy
10. Does Psychodrama work – the evidence base?

Course Leaders

Peter Haworth was Consultant Psychotherapist at the Department of Psychotherapy, Warneford Hospital, Oxford and Specialist Team Therapist for Oxfordshire Complex Needs Service until he retired in February 2008. He now works freelance as a psychotherapist and trainer. He is a founder member and Senior Trainer of Oxford Psychodrama Group and Honorary President of the British Psychodrama Association.

Sally Brookes works nationally as a freelance trainer and group worker within the criminal justice system and related settings. She has particular experience in using active methods to assist offenders in exploring their behaviour. She is currently on placement with Oxfordshire Complex Needs Service and is a Psychodrama trainee with the Oxford Psychodrama Group.



Course fee is £200. Non statutory agencies and students can negotiate a discount. Further information is available on request.

Applications should be made using the application form and returned to: **Peter Haworth, 8 Rahere Road, Littlemore, Oxford, OX4 3QG**
 e-mail peter@psychodrama.freeserve.co.uk
 telephone 01865 715055 or 07798725545

Cheques should be made payable to Oxford Psychodrama Group.
A place will not be secured unless application in writing is received.

APPLICATION FORM

Name.....

Address.....

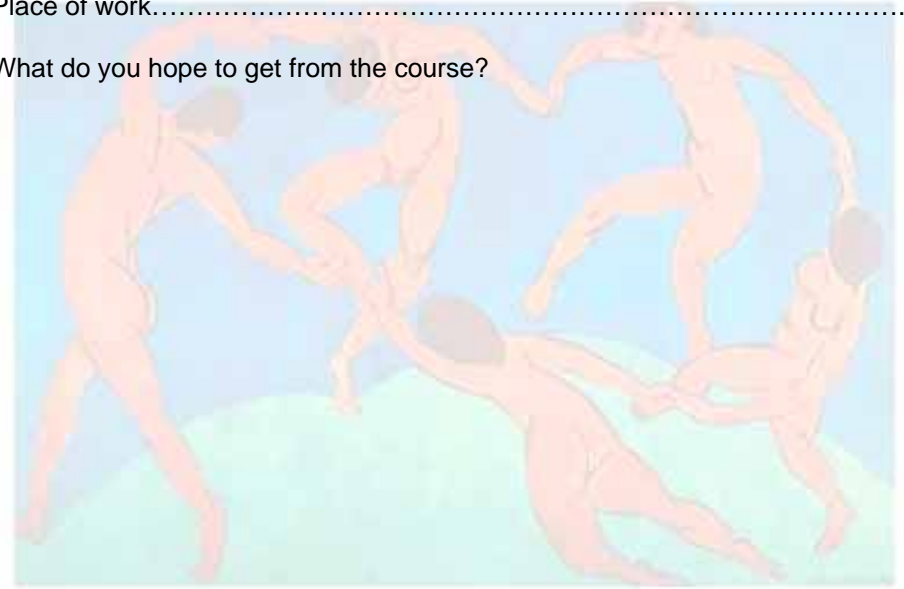
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Telephone

Place of work.....

What do you hope to get from the course?



I enclose a deposit/ full fee/ funding approval

Signature.....